# **Smartphone Stairsteps**

A FOUR-PHASE PROCESS







### 7th Grade:

- If students have demonstrated responsibility at school and at home, they could have access to a family device that is monitored.\*
- Any texts should be reviewed on a weekly hasis
- No social media or other persuasive technology
- No automatic access to the internet
- The internet should have a filter such as "Covenant Eyes" for the duration of their years under parental authority.

#### 8th Grade:

- If students have demonstrated responsibility at school and at home, students could have a personal device that charges with parents and is monitored.\*
- Any texts should be reviewed on a weekly
- No social media or other persuasive technology.
- No internet browser on the personal device.

## 9th Grade:

- If students have demonstrated responsibility at school and at home, students could have a smartphone which has screen time limits controlled by the parents.\*
- No social media or other persuasive technology
- · Add a few non-social media apps.
- No internet browser on the smartphone

#### 10th-12th Grade:

- If students have demonstrated responsibility at school and home, students could have a personal smartphone which they manage.\*
- Parents should still decide on family approved screen time boundaries, write them down, and post them in the household.
- Students could have an internet browser with protections like "Covenant Eyes" in place.
- · Social media could be permitted but is not recommended before 18 years of age.
- Make sure students are aware of the dangers and effects of persuasive technology.

\*If a student violates a set boundary privileges should be revoked.

or begins to struggle in school, device



**Better**Screen**Time** 

adapted from: